



# Now you can get real world financial education...in real time

## Spending within your means

### Inside Money: Managing income and debt

Discover how to help make your money work harder by using your cash flow more effectively, developing good saving habits and better managing debt.

### Gaining Insight: Navigating debt consolidation and understanding the mortgage process

Learn about debt consolidation, the difference between good and bad debt, and a primer to help make the mortgage process easier to navigate.

## Saving for life's milestones

### The Starting Line: Why and how retirement saving should begin now

See the real effect of time on money, learn how to plan for retirement, find additional ways to save, and prepare your balance sheet for retirement.

### Charting Your Course: A financial guide for women

Understand the financial challenges unique to women, as well as get tailored approaches to saving for retirement, goal setting, evaluating your financial health, and tips to help your money work harder.

### The 411 on 529 college savings plans

Learn all about how 529 college savings plans work. You'll have an opportunity to ask questions and if interested, discover more about how to invest in one of the 529 college savings plans managed by TIAA for a child, grandchild, yourself or other loved one.

## Planning for today and tomorrow

### Tomorrow in Focus: Saving for your ideal retirement

Crystallize your retirement goals, see how to help save for a 30-year retirement, put time on your side, and discover the essential features of retirement investments.

### Halfway There: A retirement checkpoint

Give yourself a mid-career financial checkup to evaluate your current savings, formulate a plan to help reach your savings goals, and manage competing financial priorities.

### Demystifying life insurance

In today's complex financial marketplace, purchasing life insurance can be overwhelming. How do you know the amount of life insurance you need, what type suits your needs and if you can afford it? Join this informative webinar to get answers to these questions and much more.

### Dismantling myths about annuities

Annuities are commonly misunderstood financial products in the marketplace. This workshop will provide helpful insights to give you a better understanding of their unique characteristics so you can determine if they should be part of your overall financial plan.

### Equally Prepared: Financial planning for the LGBT community

Covers the specific challenges faced by the LGBT community – both financial and legislative, even with the U.S. Supreme Court's marriage equality ruling – and potential solutions to address them.

## Investing in your future

### All about IRAs

Get the facts on IRAs, how an IRA can help you meet your retirement savings goals, and learn which one is right for you.

### Money at Work 1: Foundations of investing

See how to manage risk versus reward and understand the role of investing and managing risks, ways to help accelerate savings, and tools to help sustain a portfolio.

### Economic outlook and investment insights with Tim Hopper

TIAA Managing Director and Chief Economist, Tim Hopper, will discuss economic developments that may impact your retirement savings strategy, including the pace of economic recovery, strategies to manage through the Fed's rate hike cycle, current events and the impact the global economy will have on the U.S. economy and financial markets.

### Socially responsible investing (SRI)

Did you know that responsible investing enables you to align your social and environmental principles with your financial goals? This webinar will cover the criteria that make an investment socially responsible, the history of SRI and ways for you to incorporate SRI into your investment strategy.

## Living in retirement

### Paying Yourself: Income options in retirement

Discover practical strategies for taking retirement income, tax advantages of various types of distributions, and see how to manage your retirement plan account for the long term.

### Healthy Numbers: Integrating healthcare into your retirement plan

Understand and plan for the cost of healthcare in retirement, plus learn about supplemental insurance, and the real benefits and costs of Medicare.

### Your Next Great Adventure: Living well in retirement

Plan for the possibilities you have in retirement, create goals and a schedule, and look at how you will replace the tangible and intangible aspects of work-life in retirement.

### Understanding Social Security

Hear directly from a Social Security Administration representative who will provide an overview including who can collect, a discussion of full retirement age, Medicare and how Social Security benefits are calculated.



Reserve your place at these live financial webinars

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