Introduction
The honesty, integrity and sound judgment of the principal executive officers, principal financial officers, principal accounting officers and controllers (referred to herein collectively as the “Senior Financial Officers”) of TIAA-CREF Life Insurance Company (“T-C Life”) is fundamental to our reputation and success. Thus, in addition to complying with any other applicable corporate code of conduct, each Senior Financial Officer is subject to this Code of Ethics (“Code”).

Specific Provisions
Conflicts of Interest. Each Senior Financial Officer should avoid actual or apparent conflicts of interest between personal and professional relationships.

A “conflict of interest” occurs when a Senior Financial Officer’s private interest interferes with the interests of T-C Life. For example, the Senior Financial Officer should not cause T-C Life to take action, or fail to take action, for the personal benefit of the Senior Financial Officer rather than the benefit of T-C Life. Other conflicts could occur from outside business activities that detract from an individual’s ability to devote appropriate time and attention to T-C Life. Any questions relating to potential conflict of interest situations should be discussed with the T-C Life General Counsel.

Complete and Accurate Disclosures. Each Senior Financial Officer is required to be familiar, and comply, with T-C Life’s disclosure controls and procedures so that, to the extent that any documents referring to T-C Life are filed with the SEC, such documents comply in all material respects with the applicable federal securities laws. In addition, each Senior Financial Officer having direct or supervisory authority over such portions of SEC filings relating to T-C Life or T-C Life’s other public communications should, to the extent appropriate within his or her area of responsibility, consult with other T-C Life officers and employees, or individuals contracted to perform such tasks, and take appropriate steps regarding these disclosures with the goal of making full, fair, accurate, timely and understandable disclosure.
Each Senior Financial Officer must:

- Familiarize himself or herself with the disclosure requirements applicable to T-C Life as well as the business and financial operations of T-C Life.

- Not knowingly misrepresent, or cause others to misrepresent, facts about T-C Life to others, whether within or outside T-C Life, including to T-C Life’s internal auditors, independent auditors and to governmental regulators and self-regulatory organizations; and

- Adhere to the standards and restrictions imposed by applicable laws, rules and regulations, including those relating to affiliated transactions, accounting and auditing matters.

**Reporting and Accountability.** Each Senior Financial Officer must:

- Upon receipt of this Code, sign and submit to the T-C Life Audit Committee (or its designee) an acknowledgment stating that he or she has received, read and understands the Code;

- Annually thereafter submit a form to the T-C Life Audit Committee (or its designee) confirming that he or she has received, read and understands the Code and has complied with its requirements;

- Notify the T-C Life Audit Committee (or its designee) promptly if he or she becomes aware of any existing or potential violation of the Code. Failure to do so is a violation of the Code.

Except as described otherwise below, the T-C Life Audit Committee, in consultation with the T-C Life General Counsel, is responsible for applying this Code to specific situations and has the authority to interpret this Code in any particular situation. The T-C Life General Counsel shall take all action he or she considers appropriate to investigate any actual or potential violations reported to him or her.
The T-C Life Audit Committee, in consultation with the T-C Life General Counsel, shall have the sole discretionary authority to approve any deviation or waiver from this Code for any Senior Financial Officers. Any waiver, including an implicit waiver, shall be promptly disclosed to the extent required through either an SEC filing or a posting on TIAA-CREF’s Internet website. Such disclosure shall include a brief description of the nature of the waiver, the name of the person to whom the waiver was granted, and the date of the waiver. For purposes of such disclosure, the term “waiver” means the approval by the T-C Life Audit Committee, in consultation with the T-C Life General Counsel, of a material departure from a provision of this Code, and the term “implicit waiver” means the Audit Committee’s failure to take action within a reasonable period of time regarding a material departure from a provision of this Code.

T-C Life will promptly disclose any amendment to this Code in accordance with the SEC’s rules.