

Get real-world financial education live or on demand

Enroll

Start to finish: The early career woman's guide to financial wisdom

When women are starting their careers, there's a lot to consider—career goals, job satisfaction, achieving a work/life balance. But it's important to also consider retirement. Discover how establishing a plan now can help build your financial future.

Save

Take control of your financial life: 5 steps to managing money and debt

If you're just starting out or want to improve your day-to-day financial skills, this webinar will help you learn how to manage your money and balance your priorities so you can enjoy life now and save for the future.

Discover financial well-being and the power of saving

Whether you're the kind of person that lives and spends in the now or plans for what's ahead, there are always ways to save smarter. In this webinar, you'll learn a number of strategies for better managing your money so you have the knowledge and confidence to pay your bills, save for a rainy day, and achieve any larger financial goals you've set for yourself.

Charting your course: A financial guide for women

Women can face unique financial challenges. You can discover tailored approaches to saving for retirement and tips to make your money work hard.

Understanding Health Savings Accounts (HSAs)

You may know about the tax advantages of contributing to a Health Savings Account (HSA), but did you know that HSAs are also a way to save for healthcare in retirement? This webinar will help you understand unique aspects of HSAs, including how they help account owners pay for current healthcare expenses and save for those in the future.

Opening doors to the future—Save in a 529 college savings plan

You can learn how 529 college savings plans work and how to invest in one for a child, grandchild, yourself or another loved one.

Manage

Make the move toward long-term financial security: Your midcareer retirement check-in

For anyone halfway down the road to retirement, this webinar is a critical checkpoint. It takes you through the keys to successful money management, how to juggle competing financial demands and retirement saving strategies that can help put you on the path to lifelong financial security.

At your fingertips: Manage your money from wherever you are

Learn about TIAA's commitment to digital, and how we're leveraging the latest technologies in our online and mobile tools to help you save time and achieve financial success while you're on the go.

Attention to detail: Financial finishing touches for women

Am I ready to retire? How do I know if I have enough? How do I plan my income? What should I look out for as I plan and even after I am retired? Financial success can often complicate your life, and we are going to try to help you answer those questions and more.

Looking to turn your retirement savings into a "paycheck" for life?

You diversify your investment portfolio before retirement to help offset risk. A similar strategy can help see you through retirement. Learn how creating a diversified income plan—one that uses a combination of income sources and includes annuity income that's guaranteed for life¹—can help reduce the risks you may face in retirement and ensure you have income that never runs out.

Protect

Invest for success: 5 principles you need to know

No matter where you are in your career journey, this webinar can help you understand the key principles of investing for retirement. From compounding to taxes to choosing investments, you'll learn that how you invest for retirement is just as important as how much you save.

Fine-tune your retirement strategy: Investing toward a secure future

If you're in or near your peak earning years and want to do all you can to build a secure retirement, this webinar is for you. We'll move beyond investing basics to help you fine-tune your saving and investing strategies for retirement.

Lifetime income: Market proof your retirement

You've worked hard to save for retirement. TIAA can help you understand how to create a diversified retirement income plan that protects you against key retirement risks.

Cybersecurity: Help protect you, your family and your money

Are you concerned about identity theft and your family's security online? TIAA's Information Security team will discuss how you can protect yourself and your family from cybercriminal social engineering.

Hindsight is 2020

A look back at 2020 and the lessons learned during this unique time. This presentation will look back at the historical example of 2020 and what we learned in terms of the value of advice, following a disciplined risk management strategy and the role lifetime income can play in a sound financial plan.

An introduction to alternative investments

Interested in alternative investments? This webinar will help investors understand TIAA's innovative approach to real assets, including agricultural, energy, timber and infrastructure, and how it can help diversify an investment portfolio.

Quarterly economic and market update

Take a closer look at our views on the financial markets, including key market drivers, the U.S. economy, policy and politics, and investing in public markets. This webinar will also cover the challenges that investors face and how to navigate them.

Retire

Write your next chapter: 5 steps to setting your retirement date

For anyone starting to think seriously about when to retire, this webinar takes you through five steps to deciding when the time is right, including estimating retirement expenses, closing any income gap and understanding key milestones that can impact your retirement finances.

Live with confidence in retirement: 5 steps to creating your retirement income plan

If you're getting ready to retire, this webinar is essential for understanding how to create an income plan that helps you maximize your savings throughout retirement. In five steps you'll learn how different sources of income work, how to build your strategy for lifetime income and what to consider when planning withdrawals from your retirement assets.

Basic Social Security strategies

Social Security will likely play a significant role in building your retirement income. Learn the basics about Social Security, including eligibility, how to apply, how your benefit is calculated and strategies for claiming benefits.

Basic estate planning strategies

Ensuring that our assets will pass to loved ones, and causes that are near and dear is important to most of us. Discover the components of a basic estate plan and strategies to ensure that your wishes are met.

Common estate planning considerations

A common goal that we all share is providing for our loved ones or our favorite organizations. Come learn about the components of an effective estate plan and hear about strategies to ensure that your wishes are met.



Sign up now for this month's live webinars at [TIAA.org/webinars](https://www.tiaa.org/webinars)

Can't attend? Choose an on-demand webinar.



¹ Guaranteed income is provided by TIAA Traditional Annuity, issued by Teachers Insurance and Annuity Association of America. All guarantees are backed by its claims-paying ability. TIAA Traditional Annuity is a guaranteed insurance contract and not an investment for federal securities law purposes.

The webinar curriculum is subject to change, and not all topics may be offered each year.

This material is for informational or educational purposes only and does not constitute fiduciary investment advice under ERISA, a securities recommendation under all securities laws, or an insurance product recommendation under state insurance laws or regulations. This material does not take into account any specific objectives or circumstances of any particular investor, or suggest any specific course of action. Investment decisions should be made based on the investor's own objectives and circumstances.

Certain products and services may not be available to all entities or persons.

Investment, insurance, and annuity products are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

You should consider the investment objectives, risks, charges, and expenses carefully before investing. Please call 877-518-9161 or log in to [TIAA.org](https://www.tiaa.org) for current product and fund prospectuses that contain this and other information. Please read the prospectuses carefully before investing.

TIAA-CREF Individual & Institutional Services, LLC, Member FINRA, distributes securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. Each is solely responsible for its own financial condition and contractual obligations.

©2023 Teachers Insurance and Annuity Association of America-College Retirement Equities Fund, 730 Third Avenue, New York, NY 10017