Saving works when you: Make it a habit

Getting into a saving mindset now could make a big difference later

Set reachable goals
Creating a plan that fits your budget and goals can help you stick to it.

Pay yourself first
Setting up automatic deposits can help make saving a routine so you don’t have to remember.

Use the right tools
Using financial calculators can help you track progress and see if changes are needed.

Protect your accounts
Taking some simple steps may help ensure your savings won’t end up in the wrong hands.

Learn more at TIAA.org/public/offer/insights
Or scan with your smartphone

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