Top 10 steps to consider when looking for a job

1. **Set some goals**
   Review your career path. Define your ideal job and how to get there.

2. **Network with others to find job leads**
   Talk to family, friends, neighbors and former colleagues to tell them you’re looking for a job. You may be surprised how many leads you’ll find through people you know.

3. **Know what to do with your retirement money**
   You can talk to TIAA about your options.

4. **Keep spending in check**
   Consider creating a short-term financial strategy using our budget worksheet.

5. **Check your insurance coverage**
   See if you can extend coverage like health, life and disability insurance from your previous employer or get temporary coverage to help protect your savings.

6. **Don’t mortgage your future to fund your present**
   Resist the temptation to withdraw from your retirement savings to finance your transition. The cost is usually higher than it’s worth.

7. **Review potential employer benefits**
   Check the benefits, including insurance coverage. Know about any tax advantages and options like health savings accounts to help you plan wisely.

8. **Stay positive**
   Talk to others for support. Sharing experiences can help you stay confident about your future.

9. **Let the professionals help with the tough financial stuff**
   You can speak with TIAA to help you put a financial plan in place for your future.

10. **Celebrate your progress**
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