Top 10 steps to consider when looking for a job

1. Set some goals
   Review your career path. Define your ideal job and how to get there.

2. Network with others to find job leads
   Talk to family, friends, neighbors and former colleagues to tell them you’re looking for a job. You may be surprised how many leads you’ll find through people you know.

3. Know what to do with your retirement money
   You can talk to TIAA about your options.

4. Keep spending in check
   Consider creating a short-term financial strategy using our budget worksheet.

5. Check your insurance coverage
   See if you can extend coverage like health, life and disability insurance from your previous employer or get temporary coverage to help protect your savings.

6. Don’t mortgage your future to fund your present
   Resist the temptation to withdraw from your retirement savings to finance your transition. The cost is usually higher than it’s worth.

7. Review potential employer benefits
   Check the benefits, including insurance coverage. Know about any tax advantages and options like health savings accounts to help you plan wisely.

8. Stay positive
   Talk to others for support. Sharing experiences can help you stay confident about your future.

9. Let the professionals help with the tough financial stuff
   You can speak with TIAA to help you put a financial plan in place for your future.

10. Celebrate your progress
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