The CARES Act
Frequently Asked Questions
Participants

Required Minimum Distributions (RMDs)

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- Impacts on IRAs
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Summary: the CARES Act impact on RMDs

The Coronavirus Aid, Relief, and Economic Security (CARES) Act was enacted on March 27, 2020, to provide emergency assistance to individuals, families and businesses impacted by the pandemic. Following is an overview of how the CARES Act impacts RMDs.

<table>
<thead>
<tr>
<th>Plan type</th>
<th>Opportunity to suspend RMDs</th>
<th>Opportunity to roll over RMDs received</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Possible to suspend RMDs in 2020?</td>
<td>If you want to suspend RMDs in 2020:</td>
</tr>
<tr>
<td>Employer-sponsored</td>
<td>Yes</td>
<td>Log in to your secure account at TIAA.org.</td>
</tr>
<tr>
<td>Including 401(a), 401(k), 403(b)</td>
<td>The CARES Act offers you the opportunity to suspend your payments during 2020. <strong>You need to take action</strong> if you would like to suspend your remaining 2020 payments.</td>
<td>From the QUICK LINKS menu, select Transaction status.</td>
</tr>
<tr>
<td>Governmental</td>
<td></td>
<td>Select the transaction you would like to cancel and follow the instructions provided to complete the cancellation.</td>
</tr>
<tr>
<td>IRA</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Including Traditional, SEP, SIMPLE</td>
<td></td>
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</tr>
<tr>
<td>Keogh</td>
<td></td>
<td></td>
</tr>
<tr>
<td>457(b) public</td>
<td>No</td>
<td>Not eligible</td>
</tr>
<tr>
<td>457(b) private</td>
<td>No</td>
<td>Not eligible</td>
</tr>
</tbody>
</table>

Please review the information provided in this guide for details.
**General information**

**Q. What is the Required Minimum Distribution rule for 2020?**

A. The conditions for taking a Required Minimum Distribution (RMD) have changed for 2020. The Coronavirus Aid, Relief, and Economic Security (CARES) Act was enacted on March 27, 2020, to provide emergency assistance to individuals, families and businesses impacted by the pandemic. The act includes a provision to **allow you to suspend your RMDs in 2020**. This applies to RMDs from:

- **Employer-sponsored retirement plans**, including 403(b), 401(k) and 401(a) plans, as well as Keogh plans.
- **Individual retirement accounts** (IRAs), including a traditional IRA, rollover IRA, SEP IRA and SIMPLE IRA.
- **After-death distributions to beneficiaries** from inherited retirement accounts, such as an inherited IRA (beneficiary distribution account, or BDA), inherited Roth IRA, and inherited retirement plan account.

This option to suspend RMDs in 2020 is available to individuals who would be receiving RMDs in 2020. This includes beneficiaries and individuals who turned age 70½ in 2019 and were required to take their first RMD payment by April 1, 2020. It also affects taxpayers otherwise required to take ongoing RMDs in 2020.

Note: The suspension does not apply to tax-deferred annuities or defined benefit pension plans.

**Q. Does this mean I will not receive my RMD payments for 2020?**

A. Although RMD payments are not required for 2020 under the CARES Act, TIAA will continue to calculate and send you your scheduled RMD payments to ensure that you have this income available to you as you requested. No action is required from you if you want to receive your 2020 RMD payments.

**Q. How do I know if my RMDs will stop in 2020?**

A. TIAA will continue to make your scheduled RMD payments. **You need to take action** if you would like to suspend your scheduled payments for 2020:

- **Log in to your secure account** at TIAA.org.
- From the **QUICK LINKS** menu, select **Transaction status**.
- Select the transaction you would like to cancel and follow the instructions provided to complete the cancellation.
If you are unable to cancel your RMD online, or if you need assistance in cancelling your RMD, please call us at 855-400-4294. Consultants are available to help you weekdays, 8 a.m. to 10 p.m., and Saturday, 9 a.m. to 6 p.m. (ET).

If you suspend your scheduled RMDs for 2020, they will automatically resume in 2021—you do not need to restart them later.

Q. If I stop my RMD payments but then change my mind, can I resume payments in 2020?
A. No; RMDs cancelled for 2020 cannot be restarted. If you find you need additional income, contact TIAA to discuss other options that may be available to you, e.g., systematic withdrawals or a lump-sum payment. Your RMDs will automatically resume in 2021.

Q. I didn’t have RMD payments scheduled for 2020. Can I start them now?
A. No; you cannot initiate a new RMD request for 2020. If you find you need additional income, contact TIAA to discuss other options that may be available to you, e.g., systematic withdrawals or a lump-sum payment.

Q. I have been taking RMDs for several years; do I have the opportunity to suspend my RMDs?
A. Yes. If you reached your required beginning date (RBD) before 2020, you qualify for the temporary suspension in 2020.

Q. What if I reached my required beginning date for the first time in 2019, and I deferred my 2019 RMD to 2020; does the first-year payment qualify for the 2020 temporary RMD suspension?
A. Yes, even though you could have taken your 2019 RMD by April 1, 2020, you can suspend it. Your suspended 2019 RMDs plus your suspended 2020 RMDs will remain in the account balance as of December 31, 2020, for purposes of calculating 2021 RMDs.
Redepositing RMD payments you’ve already received in 2020

Q. Why would I consider redepositing the RMD payments I’ve already received in 2020?
A. RMDs for 2020 are calculated using your account values as of December 31, 2019. The CARES Act waives 2020 RMDs at a time when account values are generally lower than they were at that time. Taking an RMD in 2020, when account values already are lower, could further deplete a retirement account.

Q. What can I do with RMDs I’ve already received in 2020?
A. Many employer-sponsored retirement plans and IRAs allow you to redeposit any portion of your 2020 RMD payments. Your deposit will be treated as a rollover, and funds will be invested according to your current allocation instructions that we have on file.

<table>
<thead>
<tr>
<th>Distributions from:</th>
<th>May be rolled over to:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• IRA</td>
<td>• IRA, or back to the originating account</td>
</tr>
<tr>
<td>Traditional, rollover, SEP or SIMPLE</td>
<td></td>
</tr>
<tr>
<td>• Retirement plan account</td>
<td>• IRA, or back to the originating account</td>
</tr>
<tr>
<td>• Inherited IRA account for a spouse beneficiary</td>
<td>• IRA in the name of the spouse beneficiary</td>
</tr>
<tr>
<td>• Inherited IRA or a beneficiary in a retirement plan account for a <strong>spouse</strong> beneficiary</td>
<td>• IRA in the name of the spouse beneficiary</td>
</tr>
<tr>
<td>• Inherited IRA or a beneficiary in a retirement plan account for a <strong>non-spouse</strong> beneficiary</td>
<td>• IRA in the name of the non-spouse beneficiary</td>
</tr>
</tbody>
</table>

The IRS announced in June that it is modifying certain rules for 2020 related to rolling over RMD payments already received in 2020:

- The 60-day rollover deadline has been extended to August 31, 2020.
- The rule of one rollover per rolling 12 months is waived through December 31, 2020.
- Beneficiary accounts, including non-spouse beneficiary accounts, are eligible for rollovers in 2020.

*You should consult with your tax advisor as you consider your options.* Also keep in mind, if taxes were withheld, to roll over the entire distribution, you must use other funds to make up for the withheld...
tax. If you do not roll over the entire amount of the distribution, the portion not rolled over will be taxed as ordinary income.

Q. How does this apply to my employer-sponsored plan?

A. If you choose to, and depending on your plan’s rules, you may redeposit the amount you’ve received so far this year. To determine whether your employer plan allows a redeposit, please call 855-400-4294.

If your plan does not allow us to return your distribution to your current account, you can direct the amount to another TIAA retirement account that accepts rollovers, your existing or a new TIAA IRA, or to another IRA or retirement account.

Also keep in mind, if taxes were withheld, to roll over the entire distribution, you must use other funds to make up for the withheld tax. If you do not roll over the entire amount of the distribution, the portion not rolled over will be taxed as ordinary income.

Q. Are there deadlines for redepositing RMD payments?

A. The IRS has announced that, generally, distributions taken on or after January 1, 2020, can now be rolled over by August 31, 2020. As you consider your options, you should consult with your tax advisor.

Q. How do I redeposit the payments I received?

A. To redeposit your funds, send a check noted with “RMD return” and your contract number to:

TIAA
PO Box 1274
Charlotte, NC 28201-1274

If your Plan does not allow us to return your distribution to your current account, you can direct the amount to another TIAA retirement account that accepts rollovers, your existing or a new TIAA IRA, or to another IRA or retirement account.

Q. If I receive RMDs from multiple accounts, do I need to send separate checks for each amount?

A. You can send one check for the total amount as long as you are rolling over into one account.
Q. Can I allocate my returned RMD payments to TIAA Traditional?
A. If any portion of your returned payment is allocated to TIAA Traditional, it will be applied with the current pay-in rate and earn the current interest rate for TIAA Traditional.

Q. As a beneficiary, can I return/cancel my RMD payments for 2020?
A. Spouse beneficiaries can return/cancel previously paid 2020 RMDs as an indirect rollover. Non-spouse beneficiaries can cancel any remaining 2020 RMD payments. The IRS in June announced a modified rule allowing non-spouse beneficiaries to return as an indirect rollover any payments already made in 2020.
Impacts on IRAs

Q. What does this mean if I have an IRA?
A. If you have a traditional IRA, rollover IRA, SEP IRA, or SIMPLE IRA, you will not be required to take RMDs for 2020, even if you are 70½ or older as of December 31, 2019, and would normally be required to take a RMD for 2020.

Q. What does this mean if I have a Roth IRA?
A. RMD rules do not apply to Roth IRAs during the lifetime of the original owner. The CARES Act provision has no implication.

Q. What does this mean if I am 70½ or older as of December 31, 2019, and rolling over an employer-sponsored retirement account to a rollover IRA?
A. RMDs are not required from retirement plan accounts that are rolled over to IRAs in 2020. Normally, individuals who are 70½ and older as of December 31, 2019, must take RMDs before rolling over to an IRA. Because RMDs are suspended for 2020, you will not need to take the RMD before rolling over to an IRA.

Q. What does this mean if I am a beneficiary of an inherited retirement account?
A. As a beneficiary who inherited a retirement account, you are not required to take RMDs in 2020. This applies to accounts including an inherited IRA, an inherited Roth IRA, or if you are the beneficiary in a retirement plan account.

Q. What if I am taking RMDs from an inherited account using the five-year rule?
A. Under the provision, the five-year period is determined without regard to calendar year 2020 if the five-year rule applies to an account with respect to any decedent. For example, if the retirement account was inherited from an individual who died in 2017, under the provision, the five-year period ends in 2023 instead of 2022.
Impacts on recurring periodic distributions

Q. I have a recurring periodic distribution (e.g., a Savings Investment Plan (SIP), RRMD, MDO) to take my RMDs. How do I suspend the payment(s) scheduled for 2020?

A. We will continue to make your scheduled payment(s) unless you request a suspension. If you want to cancel your scheduled 2020 RMD payment(s):

- **Log in to your secure account** at TIAA.org.
- From the QUICK LINKS menu, select Transaction status.
- Select the transaction you would like to cancel and follow the instructions provided to complete the cancellation.

If you are unable to cancel your RMD online, or if you need assistance in cancelling your RMD, please call us at **855-400-4294**. Consultants are available to help you weekdays, 8 a.m. to 10 p.m., and Saturday, 9 a.m. to 6 p.m. (ET). Note: If you cancel your scheduled RMDs for 2020, they will automatically resume in 2021.

Q. I have a recurring periodic distribution (such as a Savings Investment Plan (SIP), RRMD, or MDO) to take my RMDs. How do I continue the payment(s) scheduled for 2020 and ensure that my payments will not be interrupted?

A. You do not need to do anything. TIAA will continue to calculate and distribute your scheduled payments.

Note: We will not make RMD payments if you have not already scheduled them. However, if you need additional funds, contact us to discuss your options.

Q. What if I need some income but want to take less than the RMD amount; can I choose to reduce the amount of my scheduled payment(s) for 2020?

A. Yes, you can choose to take less than the scheduled payment amount, but you must first cancel your scheduled RMD payment(s) and initiate a cash withdrawal. Canceled RMDs will be automatically reset for 2021.

- Log in to your secure account at TIAA.org.
- From there, select Transaction Status from the QUICK LINKS menu.
- Under Ongoing Transactions, select the RMD you wish to cancel and follow the instructions.
- Then, to schedule a cash withdrawal, select Actions at the top of the screen.
- Under Retirement Plans, select Start a loan/withdrawal and follow the instructions.
- On the Your Options screen, select "Withdraw Cash".
Note: Some RMD account types are not eligible for online changes and 2020 RMD cancelation. If you do not see all of your RMDs that you would like to cancel under Ongoing Transactions, call TIAA at 855-400-4294.
RMDs in 2021

Q. What will happen for 2021 RMDs?
A. At this time, the CARES Act provision to waive RMDs applies to 2020 only. If you cancel your scheduled RMDs for 2020, they will automatically resume in 2021.

Q. If I skip my scheduled 2020 payment, will my payment automatically resume in 2021 or will I have to provide instructions to resume payments?
A. If you cancel your scheduled RMDs for 2020, they will automatically resume in 2021. You do not need to do anything.

Q. When I resume RMDs in 2021, how will the payment be calculated?
A. The calculation formula for 2021 distributions will not change. The 2021 distribution will be calculated by taking the December 31, 2020, balance and dividing it by the remaining life expectancy (using either the uniform life expectancy or joint life expectancy table, as applicable).

Q. If I have an inherited retirement account, when I resume taking distributions in 2021 based on a life expectancy, how will the payment be calculated?
A. The calculation formula for 2021 distributions will not change. The 2021 distribution will be calculated by taking the December 31, 2020, balance and dividing it by the remaining life expectancy. For spouse beneficiaries, the single life expectancy is redetermined each year; for non-spouse beneficiaries, the original single life expectancy factor is reduced by one year for each year, to include 2020.

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